General Information

2nd Annual Southeast Review and Update on Medical Care of Older Adults

July 13-15, 2018

Callaway Gardens
Pine Mountain, GA

Course Description
By 2030, an estimated 1 in 5 Americans will be over 65 years of age. The size of the older adult population in the Southeast and other regions of the country is posing unprecedented challenges for the broader health care workforce and placing new pressures on the overall health care system. These challenges reflect not only the increasing size of this diverse population, but also the unique medical and health care system requirements for persons living into their seventh decade and beyond.

The care of older adults requires a special approach and skill set for identifying and treating common problems in that demographic. This course is designed to give medical providers and other members of the multi-disciplinary health care team basic and cutting edge knowledge for optimizing the delivery of services to the expanding older adult population.

Target Audience
This activity is designed for physicians in multiple specialties – including Internal Medicine, Family Medicine, Emergency Medicine, Physical Medicine, Hospital Medicine, and others – as well as for pharmacists, nurses, physician assistants, physical therapists, and other healthcare professionals who provide care for older adults.

Learning Objectives
At the conclusion of this activity, the participant will:

- Understand current recommendations for evaluation, treatment, and the decision-making process in the delivery of geriatric care;
- Increase the level of screening of older adult patients with geriatric syndromes including, but not limited to, depression, dementia, falls, and incontinence;
- Apply medical, psychological, social, and rehabilitative interventions to improve independence and quality of life in older adults;
- Analyze results of risk-assessment of older patients, and identify appropriate interventions and anticipated outcomes; and
- Interpret information on the prevention of important clinical conditions in older adults.

Conference Location & Lodging
The conference will be held at the Lodge and Spa at Callaway Gardens, 4500 Southern Pine Drive, Pine Mountain, GA 31822. We have reserved a block of rooms at the discounted rate of $164.00 per night, plus applicable taxes. A $15 resort fee will apply which includes access to all resort amenities, and enhanced wireless internet. The group rate is available 3 days before and 3 days after the conference. Call 706-489-3300 to reserve your accommodations. After June 5, regular rates will apply. For more information about The Lodge and Callaway Gardens, visit http://www.callawaygardens.com.

Registration & Cancellation Information
The registration fee includes course materials, continental breakfast and breaks and other amenities involved in rewarding learning experience. Minimum and maximum enrollments have been established. A refund of your registration fee (less a $75 administrative fee) will be made if written cancellation is received no later than June 29, 2018. No refund will be given after June 29. The liability of Emory University is limited to the registration fee. Emory will not be responsible for any losses incurred by registrants, including but not limited to airfare cancellation or hotel deposits.

Registration fee: $375 for Physicians; $275 for allied health professionals.

Additional Information
Please contact Keir Gray, 404-727-0063; kgray02@emory.edu or the Emory CME Office. Toll free: 888-727-5695 with any questions.

Continuing Education Credit
The Emory University School of Medicine designates this live activity for a maximum of 12 AMA PRA Category Credits™. Physicians should only claim credit commensurate with the extent of their participation.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit participant completion information to the Accreditation Council for Continuing Medical Education (ACCME) for the purpose of granting ABIM MOC credit. The Emory University School of Medicine is accredited by ACCME to provide continuing medical education for physicians.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

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FRIDAY, JULY 13, 2018
11:30 am Registration
12:30 pm Welcome and Introduction
Rina Eisenstein, MD
Jonathan Flacker, MD
Richard Goodman, MD

CORE CONDITIONS AND CONTROVERSIES
1:00 Oral Health: Understanding the Older Mouth
Kevin Hendler, DDS

1:30 Hypertension Treatment: How to Choose?
Kunal Gurav, MD

2:00 Dementia Treatment: What and For How Long?
Antonio Graham, MD

2:30 Break

3:00 Heart Failure
Kunal Gurav, MD

3:30 Thyroid Disease
Antonio Graham, MD

4:00 Unrecognized Exam Findings in the Older Person
N. Wilson Holland, Jr, MD

4:30 Managing Older Adult Driver Challenges
N. Wilson Holland, Jr, MD

5:00 Break

SATURDAY, JULY 14, 2018 (continued)
CONCURRENT LUNCH WORKSHOPS
12:15 pm Gait Disorders
Sharon Polensek, MD
Taylor Graves, MD

Dermatologic Challenges
Taylor Graves, MD

Motivational Interviewing for Behavioral Changes
Jonathan Flacker, MD

1:45 Adjourn

SUNDAY, JULY 15, 2018
7:30 am Continental Breakfast

CLINIC APPLICATIONS
8:00 Practical Pearls for Office Visits with Older Adult Patients
Taylor Graves, MD

8:30 The Annual Wellness Visit
Sivan Ben-Moshe, MD

9:00 Discussing End-of-Life Planning and Care
Sivan Ben-Moshe, MD

9:30 Break

10:00 Polypharmacy: Minimizing Anticholinergic Effects
Rina Eisenstein, MD

10:30 Primary Prevention: Vaccinations
Rina Eisenstein, MD

11:00 The “Best of What’s New” – Cutting Edge Literature Update
Jonathan Flacker, MD

11:30 Complete Online Evaluation and MOC Post-Test
Noon Adjourn